

# **India's Foreign Policy**

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# **India's Foreign Policy: From Idealism to Assertiveness**

# **Context:**

India's foreign policy came under renewed focus after **Operation Sindoor**, a decisive military strike in response to the **Pahalgam terror attack (2025)**. This operation has sparked discussions on India's evolving approach to **Pakistan-sponsored terrorism** and its overall **strategic posture**.

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# Phases of India's Evolving Foreign Policy

- 1. Nehruvian Idealism (1947-1962):
  - Adopted **non-alignment** during the Cold War.
  - Championed decolonisation in Asia and Africa.
  - Strong belief in **multilateralism** and the UN system.

## 2. Peace and Ethical Diplomacy:

- Promoted Panchsheel principles.
- Influenced by Gandhian values: non-violence, ethics, and dialogue.
- Preferred **bilateralism** over coercion.

#### 3. Strategic Realism (Post-1962):

- Shifted focus to **national interest and security**.
- Strengthened **border defence** and military preparedness.

• Invested in defence institutions.

#### 4. Nuclear and Strategic Autonomy (1974-1998):

- Conducted nuclear tests to ensure **autonomous deterrence**.
- Rejected NPT and CTBT to safeguard sovereignty.
- Built indigenous capabilities.
- 5. Counterterrorism Posture (2000s-2019):
  - Moved from restraint to retaliation (e.g., Uri 2016, Balakot 2019).

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• Recognised cross-border terrorism as **proxy war**.

#### 6. Operation Sindoor Era (2025 Onward):

- Operationalised pre-emptive strike doctrine.
- Reinforced zero-tolerance policy on terrorism.
- Sent strong public and diplomatic signals.

#### **Key Challenges**

• Pakistan's Proxy Strategy: Continues using non-state actors (e.g. 26/11, Uri 2016, Pahalgam 2025).

**China's Aggression:** Frequent **LAC violations**, especially post-Galwan.

- Balancing Hard and Soft Power: Need to maintain India's civilisational image while acting decisively.
- Global Scrutiny:

Military actions require effective perception management.

• Geopolitical Realignments:

Navigating ties with **Quad**, **BRICS**, **West Asia**, while retaining strategic autonomy.

#### **The Way Ahead**

- Strategic Non-Alignment: Pursue autonomy through flexible alliances.
- Strengthen Indigenous Defence: Advance Atmanirbhar Bharat. Examples: DRDO's BrahMos, Agni, INS Arihant.
- **Proactive Deterrence:** Continue **calibrated military responses** to terror threats.
- Enhance Global Engagement: Lead on global issues like terrorism, climate change, and AI governance.

## Conclusion

India's foreign policy has transformed from Nehru's idealism to a strategic, self-assured, and assertive approach in 2025. Rooted in peace, it now prioritises national security, economic self-reliance, and global leadership—reflecting India's emergence as a confident global actor.

