

## **Migration Trends in India**

Posted at: 24/03/2025

## Migration Trends in India: Post-Pandemic Shifts and Emerging Challenges

Context

Migration is a key aspect of India's socio-economic fabric, driven by factors like employment, education, and climate change. The **Covid-19 pandemic** severely disrupted migration patterns, leading to a large-scale **reverse migration** from urban to rural areas. **Five years later**, migration trends have largely returned to pre-pandemic levels, but new challenges such as **climate change**, **economic transformations**, **and policy gaps** continue to shape migration in India.

**Reverse Migration During Covid-19** 

- The pandemic triggered an unprecedented urban-to-rural reverse migration.
- Government estimates indicate:

• **44.13 million** people migrated back to rural areas during the first lockdown.

**26.3 million** people returned during the second lockdown.

Migrants faced severe hardships, including:

• Wage theft, food insecurity, and lack of healthcare and education.

• Discrimination, police brutality, and loss of employment.

 $\circ\,$  Severe economic strain for families dependent on remittances.

**Return to Urban Migration and Rural Economic Challenges** 

- The rural economy struggled to absorb the returning workforce.
- MGNREGA provided temporary relief but failed to sustain long-term employment.
- Key drivers of return migration to urban areas:
  - Rural distress and low wages.
  - $\circ\,$  Better economic opportunities and urban aspirations.
  - **Climate change's impact on agriculture and allied sectors,** leading to distressdriven migration (as observed in Odisha by **FAO and IOM studies**).

**Urban Migration Trends and Government Initiatives** 

- Urbanization in India is projected to rise, with 40% of the population expected to live in cities by 2026.
- Government initiatives encouraging migration for economic growth:

• Smart Cities Mission - Aims to develop 100 cities into modern urban hubs.

PM Awas Yojana (Urban) – Provides affordable housing for urban poor, influencing migration patterns.

**National Urban Transport Policy** – Improves mobility infrastructure, facilitating economic migration.

**Impact on International Migration** 

- Challenges faced by Indian emigrants during the pandemic:
  - Job losses, wage cuts, and poor living conditions.

- Increased health risks and travel restrictions.
- Despite hardships, **remittances remained resilient**, sustaining many Indian households.

**Post-Pandemic Migration Trends:** 

- GCC countries remain the primary destination for Indian migrants.
- Europe is attracting more skilled professionals, with Indians being the largest recipients of the EU Blue Card in 2023.
- African nations are emerging as employment hubs in IT, manufacturing, and healthcare, though challenges persist (e.g., 47 Jharkhand workers stranded in Cameroon).
- Healthcare workers from India remain in high demand globally.

**Surge in Student Migration:** 

- Kerala Migration Survey 2023:
  - Student emigrants from Kerala nearly doubled, from 1.29 lakh (2018) to 2.5 lakh (2023).
- RBI data:

Outward remittances for studies abroad peaked at \$3,171 million in 2021.

• Geopolitical impact:

• The **Russia-Ukraine war** led to a major student crisis.

**Challenges in Migration Governance and Policy Interventions** 

**Data Gaps in Migration Governance:** 

• 2021 Census delay has hindered accurate assessment of post-pandemic migration trends.

- Periodic Labour Force Survey (PLFS) 2020-21 recorded a 28.9% migration rate (a marginal increase from 28.5% in NSS 64th Round, 2007-08), but does not reflect long-term trends.
- Lack of a comprehensive Indian emigrant database limits policy effectiveness.

**Social Security and Welfare Measures:** 

- e-Shram Portal (2021):
  - Aims to create a **National Database of Unorganised Workers (NDUW)** and provide social security benefits.
  - However, lack of awareness and digital access hinder its success.
- One Nation One Ration Card (ONORC) scheme (2018):
  - Helps migrants access **subsidized food grains** across states.
  - Many **still remain excluded** due to documentation and implementation gaps.

The Kerala Model and Future Policy Directions

- Kerala Migration Surveys (conducted every five years since 1998) have significantly improved migration policies.
- Several states, including Odisha, Goa, Punjab, Gujarat, Jharkhand, and Tamil Nadu, have replicated this model.
- **Expanding this approach nationwide** would enhance migration governance and improve policy responses.

Conclusion

• Five years after the Covid-19 crisis, India's migration landscape is evolving.

- While urban migration is resuming and **international migration patterns are diversifying**, new factors such as **climate change**, **global economic shifts**, **and policy interventions** continue to influence movement trends.
- Strengthening migration governance through data-driven policies and improved social security mechanisms is essential for ensuring migrant welfare and economic stability.